Report on Ek Bharat Ek Bharat Shreshtha Bharat (EBSB) under Azadi ka Amrit Mahotsav conducted by IGNOU Regional Centre Vatakara

RC Vatakara has hosted and conducted 2 sets of online programmes to celebrate Ek Bharat Ek Bharat Shreshtha Bharat (EBSB) under Azadi ka Amrit Mahotsav. RC Chandigarh is the associating RC for the programmes. The links for the recordings of these sessions is provided below for your kind perusal

Day 1 (4th March 2022)- https://youtu.be/F2QHNPOG0pk

Day 2 (8th March 2022) - <a href="https://youtu.be/avU3qbBwgq4">https://youtu.be/avU3qbBwgq4</a>

Through these two programmes we have highlighted the rich and varied cultural heritage of the malabar region of Kerala. Large number of participants joined the online programmes through IGNOU RC Vatakara's You Tube.).

The highlights of the 2 programmes were

- 1. A virtual visit to Iringal Craft Village, Vatakara
- 2. Interaction with Padmashree award winner, Kalari Teacher Meenakshiamma
- 3. Display of Mohiniattam, Bharathanatyam and Kathakali by Kaladeepam Team
- 4. A display of Kalari martial art by Midhun and Team
- 5. Practical exposition of the history, theory and practice of Kalari by Sh.K.V.Rajan
- 6. A practical display of the preparation of malabar cuisine by Stella and Team

The programmes displayed the rich and varied cultural heritage of the Malabar region of Kerala and its unity with our Motherland's (India's) cultural ethos.

Some of the photographs taken on the occasion are attached herewith for your kind perusal



















